



Variation in *Sterculia foetida* Seed Oil Content among different Landscapes in South Gujarat vis-a-vis Oil Phytochemical and Fatty Acid Composition

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Abstract: The present study aimed to find out the variation in *Sterculia foetida* seed oil content across different landscapes (L₁ & L₂-arboreal; L₂-agricultural and L₃-L₄-city avenue plantations) of South Gujarat, India and its oil phytochemical and fatty acid composition. The sampling locations were comprised of eight landscapes falling in three districts namely Narmada (lies in the Satpura mountain ranges and the Narmada River basin), Navsari and Valsad (Arabian Sea coast). Findings deduced significant ($P \leq 0.05$) variation in *S. foetida* seed oil content among the landscapes and it ranged from 38.43 to 53.23% with overall average of 44.16%. Further, the gas-chromatography mass-spectrometry analysis revealed 11 volatile compounds in oil. Based on relative percentage most abundant were 9-Octadecanone (88.67), stigmasteryl (78.74), 2-Decanone (78.02) and nonanoic acid (76.55). Gas chromatography analysis of Total Fatty Acid Methyl Esters (FAME) of *S. foetida* seed oil revealed 6 compounds. Among them maximum amount (57.06%) was of palmitoleic acid. The total saturated fatty acids, monounsaturated fatty acids and poly unsaturated acids were 19.48%, 18.37% and 62.13%, respectively. Corroboration of detected kernel oil phytochemicals and fatty acids, in the present study, with available literature expressed that these compounds have many biological properties indicating it beneficial for human being.

Keywords: Hazel sterculia, Oil content, Oil composition, Phytosterol, Fatty acid

Unveiling of the Planning Commission Government of India report on 'Pathways and Strategies for Accelerating Growth in Edible Oils Towards Self Reliance (*Atmanirbharta*), highlighted that over the past decades, per capita consumption of edible oil in the country has seen a dramatic rise, reaching 19.70 kg/year. This spate in demand has pointedly overtaken domestic production, leading to a substantial reliance on imports to meet both domestic and industrial needs. In 2022-23, India imported 16.50 million tonnes (MT) of edible oils, with domestic production fulfilling only 40-45% of the country's requirements. This situation presents a considerable challenge to the country's goal of achieving self-sufficiency in edible oils. Under a business-as-usual scenario, the national supply of edible oil is projected to increase to 16 MT by 2030 and 26.7 MT by 2047 (Patel et al., 2024). Oilseeds and edible oils are two of the most sensitive essential commodities. India is one of the largest producers of oilseeds in the world and this sector occupies an important position in the agricultural economy, accounting for the estimated production of 39.66 million tonnes of nine cultivated oilseeds during the year 2023-24 (November-October) as per Final Advance Estimates released by the Ministry of Agriculture at end of 2024. India contributes about 5-6% of the world oilseeds production. Export of oil meals, oilseeds and minor oils was about 5.44 million tons in the financial year 2023-24 valued at ₹ 29,587 crores (Patel et al., 2024).

Vegetable oils are an integral part of producing manufactured food both domestically and on an industrial scale. The vegetable oil market is increasing upward with a compound annual growth rate (CAGR) of 3.25% during the forecast period 2019-2024 all around the world.

Therefore, it is necessary to find alternative sources of vegetable oil (Bose et al., 2021) and tree born edible oils (Hegde et al., 2019) to fulfil the insufficiency in the market. In addition to major oilseeds crops, 3 million tonnes of vegetable oil are being harnessed from secondary sources like cottonseed, rice bran, coconut, Tree Borne Oilseeds (TBOs) and oil palm which is categorized as secondary sources of oils should be included as primary source as it gives the highest per ha oil yield (4-5 t/ha). There are an array of plant species including perennial trees which have been evaluated for edible seed oil and after oil extraction cakes are used as a concentrate for livestock feeding or other purposes like manuring (Akande et al., 2016, Hegde et al., 2019).

Sterculia foetida L., commonly known Hazel sterculia and wild almond. It is found from Eastern tropical Africa to North Australia, through Malaysia, Burma, Bangladesh, India, Sri Lanka and Malacca (Mujumdar et al., 2000). The generic name is based on the Latin word 'stercus', meaning 'manure', which refers to the smell of the flowers and leaves of some species. Fruits ripen in February, nearly 11 months after the 1st appearance of the flowers. Mature trees produce

approximately 200-350 kg of seed per year (Orwa et al., 2009). *S. foetida* seeds are safe to eat and contain significant amounts of carbohydrates, protein, lipids, minerals and macro and micronutrients (Galla 2013). Seeds yield a considerable amount an edible non-drying oil, is found in both the testa and the kernel and been found to be a good biofuel (Bose et al., 2021). Due to low moisture content, *S. foetida* seed have a prolonged shelf life. The oil has anti-diabetic, anti-dermatophytic, antimicrobial, anti-cancer, anti-obesity, antifertility, and antifeedant properties. On a small scale, oil from the seed is extracted and used in medicine to treat itches and other skin diseases internally and externally as a paste. The wood is boiled with seed oil and applied externally to treat rheumatism. By sensitizing receptors, seed oil may aid in the reduction of belly fat and insulin resistance. Based on all the tested parameters, oil may serve as an alternative, viable source of safe edible oil (Sarkar et al., 2021, Bose et al., 2021 Farsana et al., 2022). There is a dearth of information in India on its seed kernel and its oil nutritive value. Therefore, the present study was proposed to fulfil this lacking pertaining to physico-chemical, micro-macro nutrient, secondary metabolite, volatile phytochemical, oil content and oil composition of *S. foetida* across landscapes of south Gujarat extending from Arabian coast to Satpura mountain ranges India.

MATERIAL AND METHODS

Study area and fruit collection: *S. foetida* fruits were collected from distantly located eight different landscapes falling in three districts namely Narmada (falls in Satpura mountain ranges and Narmada River basin), Navsari and Valsad (along Arabian Sea coast) of south Gujarat, India.

Geographical location of landscapes and growth attributes of selected trees are given in Figure 1 and Table 1, respectively. In each landscape five trees were marked and height and diameter at breast height (DBH) was measured and average values are given in table 1. *S. foetida* fruits were collected in bulk (January 2024) from each landscape and brought to the laboratory and seeds were extracted.

Nut morpho-metric attributes: Under each replication (n=5) 100 nuts were taken and data on morph-metric attribute i.e. seed length and width, and seed weight was recorded.

Seed kernel oil content (%): The nuts were de-shelled manually to extract the kernel. The kernels were then dried in hot air oven at $65(\pm 5)^{\circ}\text{C}$ for 72 hrs. The dried kernels were crushed and grounded fine using grinding mixer. Oil was extracted (using 25 g kernel powder) by using the Soxhlet

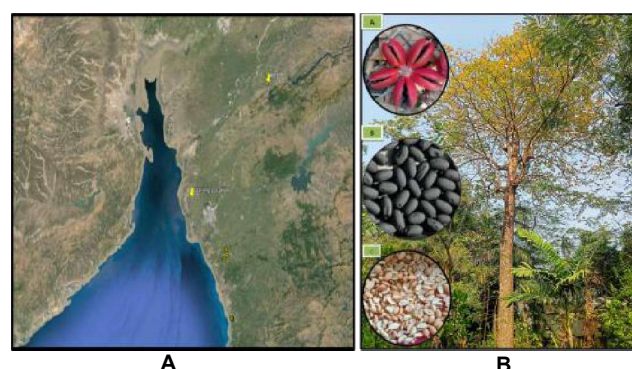


Fig. 1. A) Geographic location of *S. foetida* landscapes and B) *S. foetida* tree in arboreal landscape (insight: fruit, seed and seed kernel from top to bottom, respectively)

Table 1. Geographical location, and average growth and seed morphometric attributes of *S. foetida* in different landscapes of south Gujarat

Land-landscape (L)	Altitude (m)	Latitude (N)	Longitude (E)	Tree eight (m)	DBH (cm)	SL (mm)	SWdt. (mm)	SWt. (g)	MC (%)
RPL-L ₁	67	21°85'81"	73°51'87"	22.50	45.06	19.23 ^c	12.46 ^{bcd}	1.85 ^{cd}	12.25 ^{de}
NVS-1-L ₂	33	20°92'23"	72°90'52"	21.20	68.30	22.04 ^a	13.32 ^a	2.37 ^a	16.77 ^a
NVS-2-L ₃	34	20°97'03"	72°93'42"	10.60	32.80	20.28 ^b	12.28 ^{cd}	1.91 ^c	13.41 ^{cd}
NVS-3-L ₄	33	20°93'67"	72°94'01"	15.30	49.90	19.20 ^c	12.04 ^{cd}	1.73 ^e	15.80 ^{ab}
NVS-4-L ₅	39	20°94'63"	72°93'49"	18.80	51.70	19.47 ^c	12.10 ^{cd}	1.76 ^{de}	16.45 ^e
VLD-1-L ₆	30	20°60'42"	72°91'38"	12.40	46.60	21.94 ^a	11.97 ^d	1.89 ^c	15.43 ^{abc}
VLD-2-L ₇	33	20°60'82"	72°90'83"	8.60	34.19	21.62 ^a	12.98 ^{ab}	2.28 ^a	14.06 ^{bcd}
VLD-3-L ₈	32	20°60'46"	72°91'37"	21.50	36.00	20.26 ^b	12.68 ^{abc}	2.03 ^b	10.37 ^a
Mean	-	-	-	-	-	20.50	12.48	1.98	14.32
SEm (±)	-	-	-	-	-	0.18	0.22	0.03	0.77

(DBH= Diameter at Breast Height); RPL=Rajpipla; NVS=Navsari; VLD=Valsad; DBH=Diameter at breast height; SL=Seed length; SWdt.=Seed width; SWt.=Seed weight; MC=Moisture content; Letter different in same vertical column are significantly different according to Duncan's multiple range test ($P \leq 0.05$)

method with hexane as per the standard procedure followed for the estimation of oil in oilseeds and TBOs (Bose et al., 2021).

Oil phytochemical and oil fatty acid profile: *S. foetida* seed oil phytochemicals were detected through Gas Chromatography-Mass Spectrometry (GC-MS) partly following Sukhadiya et al., (2021) whereas fatty acids were estimated following standard method of AOAC (2000).

Statistical analysis: All respective data sets were analyzed as per standard statistical procedure using Complete Randomized Design (CRD) and F-test was done and ANOVA was constructed with following model $Y_{ij} = \mu + t_i + e_{ij}$, where Y_{ij} = an observation, μ = overall mean effect, t_i = true effect of the (T_i) treatment, e_{ij} = error term of the (Y_j) unit receiving (i) treatment, i = a particular treatment, j = a particular replicate as described by Snedecor and Cochran (1980). Treatment means were compared at $P \leq 0.05$. Further, Duncan's multiple range test (DMRT) was adopted to compare the sets of means of each factor (Sheoran et al., 1998).

RESULTS AND DISCUSSION

Seed morpho-metric and biomass attributes: *S. foetida* seed morpho-metric attributes namely seed length, width and weight varied significantly ($P \leq 0.05$) among the eight studied landscapes (Table 1). Maximum seed length (22.04 mm), width (13.32 mm) and weight (2.37 g/seed) was recorded for seeds of L_2 landscape (NVS-1- L_2). Shortest seed length (19.20 mm) and least seed weight (1.73 g/seed) was found in seed of NVS-3- L_4 . The minimum seed width (11.97 mm) was of seeds from L_6 landscape (VLD-1- L_6). Overall, seed length, width and seed weight had average values of 20.50 cm, 12.48 cm and 1.98 g, respectively.

Oil content: The perusal of data (Fig. 2) expressed that percentage of *S. foetida* seed oil content varied significantly ($P \leq 0.05$) among eight different landscapes. Maximum oil content (53.23%) was found in VLD-3- L_8 landscape seeds, which was statistically at par with RPL- L_1 landscape having 47.51% oil. NVS-3- L_4 landscape seeds kernel yielded minimum oil content (38.43). Overall, in all the landscapes an average of 44.16% oil content was obtained.

Oil phytochemicals: The phytochemicals detected through gas-chromatography mass-spectrometry (GC-MS) in SFSK and kernel are presented in table 2. The chromatograms showing retention time and relative abundance of volatile phytochemical compounds detected in kernel oil are depicted in Figure 3. In total, 11 phytochemicals could be identified extracted kernel oil. Among them phytochemicals viz., 1-Decyne, Cyclopropane pentyl, Nonanal, 2-Decanone, Nonanoic acid, n-Hexadecanoic acid, 9-Octadecanone, 12-Tricosanone, Squalene, Stigmasterol and β -Sitosterol were

detected with relative area 14.29, 39.61, 53.18, 78.02, 76.55, 48.11, 88.67, 19.28, 57.43, 78.74 and 48.43%, respectively (Table 2).

Oil fatty acid composition: Fatty acids are composed of a hydrocarbon chain with a methyl group and a terminal carboxyl group. Fatty acids are major components of triacylglycerols, phospholipids and other complex lipids. Triacylglycerols and hence fatty acids are the main contributors to dietary fat in humans. The properties of dietary fat are primarily determined by the composition of its fatty acids, which may be SFA (no double bonds), MUFA (one double bond) or PUFA (greater than one double bond).

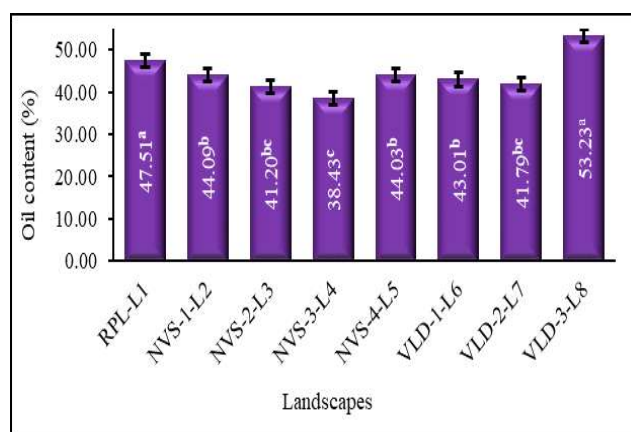


Fig. 2. Variation in *S. foetida* seed oil content (%; $SEm = \pm 1.023$) among different landscapes of south Gujarat; L=Landscape; RPL=Rajpipla; NVS=Navsari; VLD=Valsad. Letter different in vertical bar are significantly different according to Duncan's multiple range test ($P \leq 0.05$)

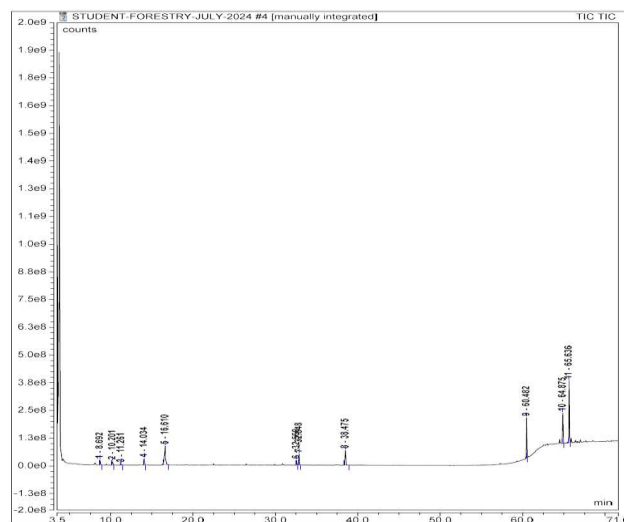


Fig. 3. GC-MS chromatogram showing retention time and relative abundance of volatile phytochemical compounds detected in *S. foetida* kernel oil

Different foods contain different amounts of fat and different types of fatty acids and these may be affected by processing, storage, and cooking methods. Its widespread distribution in dietary fats and oils, palmitic acid is the most common fatty acid in many diets. The optimal fatty acid composition of the diet is an important factor which can play an important role in disease prevention and promote health. The Joint Food and Agriculture Organization/WHO expert consultation on fats and oils in human nutrition (FAO/WHO 1994) concluded that 'Adequate amounts of dietary fat are essential for health'. Fatty acids also can affect the expression of genes encoding for enzymes which are involved in lipid metabolism and to interact with nuclear receptor proteins that bind to DNA, therefore fatty acids can

alter the transcription of regulatory genes (Calder 2015).

Based on FAME chromatogram (Figure 4a, b) and Table 3 data demonstrated in that *S. foetida* seed oil exhibited 6 compounds. Among them maximum percentage (57.06%) was of palmitoleic acid. Others were 1.22% palmitic acid, 5.07% oleic acid, 15.41% linoleic acid, 18.26% arachidic acid and 2.96% eicosadienoic acid. The current investigation demonstrated that total saturated fatty acids, monounsaturated fatty acids and poly unsaturated acids were 19.48, 62.13 and 18.37%, respectively. The results deduced that maximum monounsaturated fatty acids were detected in different landscapes of south Gujarat selected in present study.

In response to edaphoclimatic factors plant organs tend

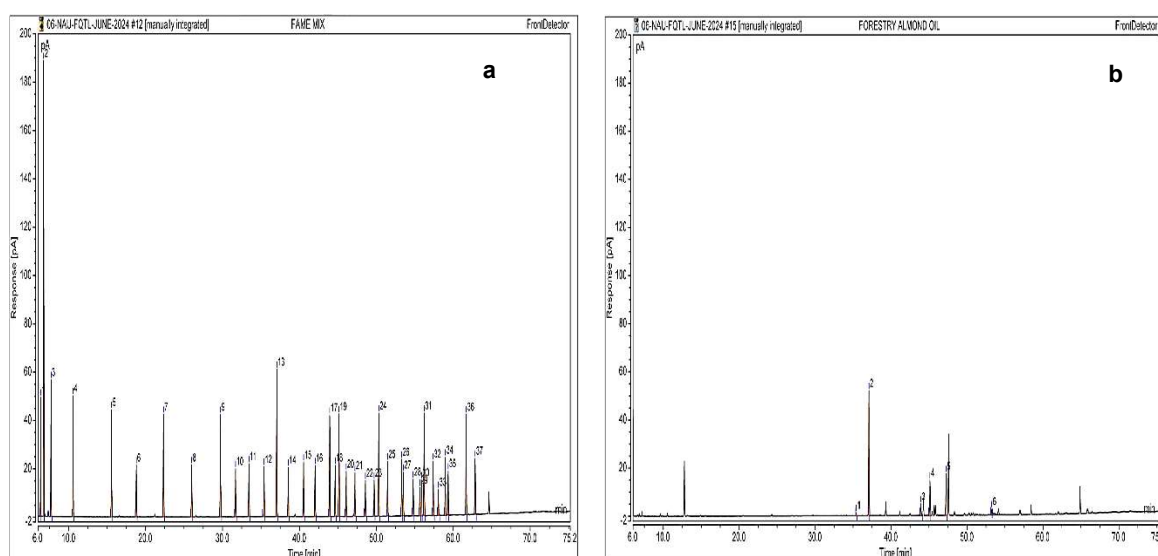


Fig. 4. a) Chromatogram of fatty acid methyl ester (FAME) for standard and b) chromatogram of fatty acid methyl esters (FAME) of *S. foetida* seed kernel oil

Table 2. *S. foetida* kernel oil phytochemicals detected through Gas chromatography-mass spectrometry (GC-MS)

Compound	Chemical formula	Molecular weight (g/mol)	Retention time (min)	Relative area (%)
1-Decyne	$C_{10}H_{18}$	138.25	8.692	14.29
Cyclopropane, pentyl-	C_8H_{16}	112.21	10.201	39.61
Nonanal	$C_9H_{18}O$	142.24	11.261	53.18
2-Decanone	$C_{10}H_{20}O$	156.27	14.034	78.02
Nonanoic acid	$C_9H_{18}O_2$	158.24	16.610	76.55
n-Hexadecanoic acid	$C_{16}H_{32}O_2$	256.42	32.560	48.11
9-Octadecanone	$C_{18}H_{36}O$	268.48	32.848	88.67
12-Tricosanone	$C_{23}H_{46}O$	338.61	38.475	19.28
Squalene	$C_{30}H_{50}$	410.73	60.482	57.43
Stigmasterol	$C_{29}H_{48}O$	412.70	64.875	78.74
β -Sitosterol	$C_{29}H_{50}O$	414.70	65.636	48.43

Table 3. Fatty acid composition of *S. foetida* kernel oil

Fatty acid	Retention time (min)	Relative area (%)
Palmitic acid (C16:0)	35.40	1.22
Palmitoleic acid (C16:1 [cis-9])	37.08	57.06
Oleic acid (C18:1)	43.92	5.07
Linoleic acid (C18:2)	45.13	15.41
Arachidic acid (C20:0)	47.24	18.26
Eicosadienoic acid (C20:2)	53.26	2.96
SFA		19.48%
MUFA		62.13%
PUFA		18.37%

SFA=Saturated fatty acids; MUFA=Monounsaturated fatty acids; PUFA=Polyunsaturated fatty acid

to change their morphometric attributes (Zobel and Talbert 1984, Sukhadiya et al., 2021). The study indicated that overall, seed length, width and seed weight had average values varied significantly. These variations in morphometric attributes among the studied landscapes reflects prevailing influence of both genetic and environmental factors on the individuals of these landscapes (Elmagboul et al., 2014, Finch-Savage and Bassel 2016, Malek et al., 2024).

The SFSKs contain golden yellow oil (Habib et al., 2013). Oil from seed kernels have been reported to show high quality and oxidative stability during storage. Thus, seed kernels could be used as a potential source of edible oil in the food industry (Chanyawiwatkul et al., 2018). The oil content obtained in the present study is in conformity with earlier studies (Chanyawiwatkul et al., 2018, Devarajan et al., 2022) in this species. However, Bose et al. (2021) reported higher oil content (58.70%) whereas, Farsana et al. (2022) have reported lower oil content (34%) compared to our findings.

These variations may be ascribed to varied climatic and geological conditions, and genetic variability in *S. foetida* trees growing in different landscapes in present study (Sukhadiya et al., 2021, Malek et al., 2024). Further, oil yield in many oil-yielding species use to be seed moisture content driven. The higher oil content of VLD-3-L₈ is apparent from the fact that this landscape seed source showed lower moisture content and conversely oil content was less in seeds from NVS-1-L₂ landscape which exhibited higher MC. These findings are in congruence with earlier similar inferences made by Orhevba et al. (2013).

Different compounds extracted from the plants possess various properties that which have significant effects on the health and nutrition of humans and livestock (Almodaifer et al., 2017). *S. foetida* seed and oil has anti-diabetic, antidermatophytic, antifungal, antifungal, insecticide,

anticancer, anti-obesity, antibiotic, antiviral, hormonal, carcinogenic and antitumoral properties (Kale et al., 2011, Jafri et al., 2019, Subashini et al., 2020, Farsana et al., 2022). Seeds are safe to eat raw or cooked without any toxicity in humans or animals (Alam et al., 2021). A number of flavonoids, phenolics, steroids, coumarins, phenylpropanoids and cerebrosides have been found in the roots, leaves, seeds and barks of this species (Cuong et al., 2019) and triterpenoids, steroids, and fatty acids have also reported (Pham et al., 2021). Phytosterols (stigmasterol, β -sitosterol and squalene) exhibit various beneficial properties, including analgesic, immune-regulating, anti-inflammatory, antioxidant, anticancer, and anti-aging effects, as well as the ability to prevent cardiovascular diseases (Zhao 2016, Chen et al., 2017, Zhang et al., 2022, Luana et al., 2024). β -Sitosterol is one of the main dietary phytosterols belonging to the class of organic compounds known as stigmastanes (Sharma et al., 2021). The provenances studied in the present study could be source for further improvement to get kernel oil with higher beneficial volatile compounds.

Vegetable or tree born oil fatty acids are important compositional attributes as they have antioxidant, antibiotic, antifungal, insecticide anti-tumor activity etc. (Subashini et al., 2020, Farsana et al., 2022). Palmitic acid was reported as dominant fatty acid (52%) in this species seed oil (Vipunngeun and Palanuvej 2009). However, in Indian seed oil it was found 11.87% (Kale et al., 2011) comparatively, it was lowest (1.22%) in the current research. In same species the total saturated fatty acids and unsaturated fatty acids amounted up to 15.80% and 33.35% (Kale et al., 2011). Total 27.32% saturated fatty acids and 5.30% mono-unsaturated fatty acids, 55.95% poly-unsaturated fatty acids reported in *S. foetida* seed oil (Chanyawiwatkul et al., 2018), which is comparatively different from the present study. Ghazani et al. (2014) indicated that the extraction methods and solvent used also had the impact on fatty acid composition in oil. *S. foetida* oil fatty acids have been found to have antioxidant, antibiotic, antifungal, insecticide and anti-tumor activity (Kavitha et al., 2015, Subashini et al., 2020, Farsana et al., 2022).

CONCLUSION

The present findings deduced significant variations in *S. foetida* seed morpho-metric varied significantly across the landscapes. The kernel oil content was in good percentage and gas-chromatography mass-spectrometry revealed 11 volatile compounds in extracted oil, which have been reported to have many beneficial biological properties particularly stigmasterol and β -sitosterol. Total Fatty Acid Methyl Esters (FAME) analysis of oil revealed 6 compounds

with maximum percentage of palmitoleic acid and these have been reported to have antioxidant, antibiotic, antifungal, insecticide and anti-tumor activity.

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AUTHOR'S CONTRIBUTION

M.R. Prajapati: sample collection, laboratory analysis, data arrangement and manuscript draft preparation; N.S. Thakur: research conceptualization, data interpretation, table and figure construction, reviewing and editing manuscript; A.A. Mehta: laboratory sample analysis, oil extraction, data interpretation; manuscript reviewing; Y.A. Garde: data tabulation and statistical interpretation.

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